**Interest, Skills, and Work Inventory Assessments**

**Directions:** Go to careeronestop.org. Click on “assessments.” From there, choose to take the interest inventory, the skill assessment inventory, and the work value matcher. These assessments will bring up results you may already be familiar with, or they may all be brand new. Answer the following below after taking each of the inventory assessments.

**Interest Assessment** (what are your top interests):

**Skills Assessment** (Based on your skills, what careers would you be good at? Do these match what you want to do? Why or why not?)

**Work Values Matcher** – ( There are 6 universal work values Achievement, Independence, Recognition, Relationships, Support, and Working Conditions) – where do you score highest and does that match your personality? Why or why not?